

## Money and Mindfulness

*Question: Rev. Kathleen, am I having a crisis of faith? I don't always get what I pray for or it takes too long, so I make up that God just said, "No." Then I thought if I ask for less it might restore my belief. — Erica*

**Rich question, Erica!** First, are you willing to change your perception/relationship with your God? Your God is outside yourself with the power to grant wishes. What if your God and you are one on a great adventure, cocreating a life of extraordinary experiences? Here's God having this human experience called Erica. Now, let's address your question from that perspective.

First, don't limit your God. Our past experiences can dictate the narrowness of our box. It dramatically confines the power, creativity, and compassion of the Universe. It limits our imagination even of what our greatest good could be. That's why we often say in prayer, "this or something better." Secondly, our job is not the how but clarity around the what. Visioning, journaling, verbalizing to friends are all effective ways to give mental birth to exhilarating ideas. Third, imagine your God as a God of acceleration. Keep track of the instantaneous blessings that flood your life. Raise your awareness of how well you are cared for, surrounded by blessings and deeply loved. Not only will you feel great in the moment but you also will be kicking in the Law of Attraction, drawing to yourself that energy that opens your heart to receive miraculously, instantly, and surprisingly.

Part of manifestation is being willing to take the first steps of action to move yourself toward being or having joy. Relative to your most prominent desire at this time what are the action steps calling for your time and attention? Do them.

In summary, we are most effective when we create clarity around what brings us joy. We understand we are co-creating with the Divine as opposed to asking. We flow with Divine right timing, whether instant or unfolding. We take action now. Erica, I don't think you're having a crisis of faith, just learning how to be in this miraculous adventure called life. ❀



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