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Re-Creating Our Journey to Abundance

The Newtonian framework holds the world as a violent place shaping itself through nature's fury, and that evolution is a competitive struggle won by the fittest. Our social systems reflect this when we engage in corporate greed, political instability and fear based faiths. We are now blessed to midwife a new realization while we hospice the old. Quantum physics directs our attention to the unifying element in everything – consciousness. And with this consciousness comes the overpowering realization of one-ness. For me this has required my unlearning some Newtonian concepts in order to grasp and incorporate one-ness. Revolutionary! Unlearning is an exercise in letting go of the me I thought fundamental to my existence.

In addition to Newtonian physics, being grounded in Catholic theology and the American work ethic is also fertile ground for unlearning and re-creating. Take the fundamental notion of God as the distant male to whom I make supplications. Science is now giving dramatic evidence for a universal Consciousness, or the Divine having this human experience called Kathleen. There's that one-ness again. Unlearning the up-there-in-Heaven-God makes room for in-here-intimacy-of-Source and is a great example of re-creating our relationship with our God, whatever we choose to call It.

The American work ethic is also quickly being unlearned and re-created. Permission for self-care, real vacations without emails, and exercising compassion for self are lessons learned by the road warriors hungry for balance. Learning we are human BEings first, then human DOings, is extremely attractive.

Let's apply this to our prosperity consciousness. What dated attitudes are ready to be unlearned? For example: seeing a job as the source of one's good; tolerating unwanted clutter; diminishing the importance of our time and contributions.

Ask, "Is this attitude serving my greatest good?" That answer may lead to re-creating: mid-wife an entrepreneurial adventure with a sound spending plan; reach for the freedom of simplicity asking what is enough; enthusiastically supporting that which I value with my time and money. We have all learned well our current beliefs. Now to create a better world we get to re-learn and co-create!



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