

The True Pillars of Wealth

In examining our own wealth building, we often look at our investment portfolio — everything from our 401(k)s to the profitability of any company stock we may own. Always we stand with the question, “How can I increase that portfolio or how do I preserve what I have?”

It is as though a healthy portfolio will help us feel safe, secure, prosperous and at choice in life. We begin to know that those feelings actually come from the realization that we are already (and always) secure, safe and prosperous.

In truth, the two fundamental pillars for prosperity have always been gratitude and forgiveness. You will find these two themes in nearly every book on wealth building and money management. It is the real stuff with which financial advisors deal when working with clients. One can say they are the determinants of our prosperous living. Let’s explore the gratitude half.

I look at the plethora of friends I have, the millions of leaves on trees around my home, the courtesy of fellow drivers, the joy of watching a two-year-old exploring her world, the sand on a single beach. I see the miracles in the nurturing cycles of rain, evaporation and clouds, my digestive system and the availability of education. I feel the sweetness of being loved.

I am deeply grateful for all of this, and from this awareness, I continue to enjoy and attract my abundance. This gratitude allows me to make healthy choices around my current spending decisions. I even take a sense of prosperity and peace into Pottery Barn. I can realize the beauty of a silver-plated napkin holder, enjoy it in the store and purchase it when the cash flow allows.

The fast track to prosperity is through our deliberate awareness of our current state of abundance. Abraham-Hicks is relentless in asking us to realize that what we dwell upon, we attract.

We keep creating out of what we talk about. That’s also fundamental New Thought teaching. Let us embrace an entire life lived in the conversation that we are abundant, deeply grateful and committed to staying aware of it. And so it is. ✿



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