

Examine Your Beliefs About Money



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Spiritually, as New Thought emerged, those attracted to it had the challenge to unlearn while learning. For example, as we take on the power of the mind in co-creating with the Divine, we get to experience the unlearning of being “a sinner” in need of salvation through suffering.

How has the evolution of New Thought affected your relationship with money? When your mom denied you something expensive with the iconic, “Money doesn’t grow on trees,” you learned economic constriction. That concept gets to be unlearned as we experience the powerful Law of Attraction. That law shows that what we think becomes our reality.

That message — money doesn’t grow on trees — could have taught discernment and wise goal setting. Those would be lessons you might not want to unlearn. Mom’s frugality in making money work may have imparted wisdom and responsibility, or her words could have let stinginess and withholding absorb. It’s always our choice to determine the lesson learned.

What else have you chosen to learn and unlearn? A gentle, yet determined, examination of our belief systems around money is a spiritual practice that serves well.

Have you taken inventory of your thoughts recently? We are constantly learning, unlearning and learning again. I invite you, as a spiritual practice for this month, to journal about your relationship with the Laws of Attraction, Right Thinking and Cause and Effect.

Unlearning old beliefs and taking on a new one is not for sissies. Your passion for a new experience of truth will support your ego through the letting go. It’s challenging. Usually, it takes time. And it’s powerful. Our ability to comfortably live in the cycle of change is one indication of our spiritual maturity. ☘



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